

SPOTLIGHT DANCE

Summer 2016 Dance Camp & 6 Week Program

Our Summer Dance Program is an excellent opportunity to introduce the first time student to the world of dance, as well as allow continuing dance students to strengthen their dance skills and try out some speciality classes. We look forward to working with your talented children and making this a very memorable and positive experience!

Our goal is to encourage and motivate, promote self-esteem and provide an exciting experience that allows for peer interaction while your dancer is learning and following instructions.

Students will learn Ballet, Tap, Creative Movement, Jazz, Lyrical, Hip Hop and Musical Theater in the camps. This is a great opportunity to “try it all” and find out where their individual interests are in the dance world. Through combinations and exercises at the barre and on the floor, children will learn coordination, creative movement, flexibility, technique, strength, gracefulness, precision of steps, self expression and choreography. They will also be learning Musical Theater through movement and singing.

Each camp will include age appropriate crafts, activities, stories, singing and videos based on the Theme of the Week! There will be singing, dancing and fun! As the themes change, so will the experience of the camp!

Dancers will be taking a field trip to SkyZone each week to work on dance jumps. All Dancers must have a waiver completed from SkyZone to be able to participate. You can complete your waiver at this address (<http://www.skyzone.com/manassas/Online-Waiver/WaiverType/NoPaper>). Please bring your orange Sky socks. If you need to purchase them, they are a \$2.00 fee and can be used every time you attend SkyZone.

Attire for all summer classes & camps: Girls should wear a leotard with tights, skirt, or shorts, pink ballet shoes, tan tap shoes and tan jazz shoes or tennis shoes for hip hop. Boys should wear a t-shirt and shorts or dance pants, black ballet shoes, black tap shoes and black jazz shoes or tennis shoes. Please write your child's name in all dance shoes and clothing to prevent any mix ups.

Watch Days: Parents and friends are invited to observe the camp on Fridays during the last 30 minutes of class.

What to Bring: Please pack a water bottle and snacks for your child each day.

SPOTLIGHT DANCE

Frozen Dance Camp

July 11th-15th • 9:00 AM to 12:00 Noon

Ages 3-5 and 6-11 • \$180 per week

When it's hot outside, dancers will enter the Kingdom of Arendelle and be as cool as the sisters. Dancers are welcome to wear costumes of Anna and Elsa.

Me and My Doll Dance Camp

July 18th-22nd • 1:00 - 4:00 PM

Ages 3-5 and 6-11 • \$180 per week

Bring your doll and get ready for the fun together. Crafts and stories about love and friendship await your dancers. Dancers will make costumes for them and their doll!

“Boys Only” Dance Camp

July 18th-22nd • 9:00 AM to 12:00 Noon

Ages 3-5 and 6-11 • \$180 per week

No Girls Allowed!! Boys will have the comfort of learning and enjoying dance with other boys. The theme will be Star Wars. Will you be a Jedi or the Sith?

Princess Dance Party Camp

July 25th-29th • 9:00 AM to 12:00 Noon

Ages 3-5 and 6-11 • \$180 per week

Are you a Princess?

Dancers are welcome to wear Princess costumes with their dance clothes.

Animal Adventure Dance Camp

August 8th-12th • 1:00 - 4:00 PM

Ages 3-5 and 6-11 • \$180 per week

Does your dancer love animals? This week will be all about animals and the different ways they move and jump.

Fun in the Sun Dance Camp

August 15th-19th • 9:00 AM to 2:00 PM

Ages 6-11 and 12-17 • \$250 per week

We will celebrate the event of SUMMER with dancing, singing, games and fun! This is for the Beginner to Intermediate dance student.

SPOTLIGHT DANCE

6 Week Summer Intensive Camps For Intermediate and Advanced Dancers

Weeks of July 11th, 18th & 25th and August 1st, 8th & 15th
Ages 8 to 11, 12 to 15 and 16 - Adult
\$85/session (1 hour/week, 6 hours/session)
or \$20/drop-in class (1 hour)

The summer intensive program is designed to work on technique and strengthening for the dancers in each specific dance form. Students will sharpen their technical steps, through barre and floor exercises and learn choreography to increase their dance ability and versatility. Don't worry about missing due to vacation: you may make up the missed class on another week in another art form. The instructor will have to approve this make-up. You may also drop-in an intensive class for one time, if space is available.

The following classes are designed for the Beginning to Intermediate dance student.

Ages 2 1/2 to 4

Ballet, Tap & Creative Movement	Monday	4:30 - 5:30 PM
Ballet, Tap & Creative Movement	Tuesday	10:00 - 11:00 AM
Ballet, Tap & Creative Movement	Thursday	5:30 - 6:30 PM

Ages 5 to 8

Ballet & Tap	Monday	4:30 - 5:30 PM
Jazz & Hip Hop	Monday	5:30 - 6:30 PM
Ballet & Jazz	Tuesday	11:00 - 12:00 Noon
Tap & Hip Hop	Tuesday	12:00 - 1:00 PM
Ballet & Pom Jazz	Wednesday	4:30 - 5:30 PM
Tap & Hip Hop	Wednesday	5:30 - 6:30 PM
Ballet & Hip Hop	Thursday	4:30 - 5:30 PM
Jazz & Lyrical	Thursday	7:30 - 8:30 PM

The following classes are designed for the Intermediate to Advanced student. Beginning students may participate with instructor approval.

Ages 8 to 11

Ballet & Pre-Pointe	Monday	5:30 - 6:30 PM
Tap	Monday	6:30 - 7:30 PM
Jumps & Turns	Monday	7:30 - 8:30 PM
Stretch & Strengthening	Wednesday	5:30 - 6:30 PM
Lyrical	Wednesday	6:30 - 7:30 PM
Hip Hop	Thursday	5:30 - 6:30 PM
Musical Theater	Thursday	6:30 - 7:30 PM

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Ages 12 to 15

Lyrical	Monday	6:30 - 7:30 PM
Hip Hop	Monday	7:30 - 8:30 PM
Ballet & Pointe	Monday	8:30 - 9:30 PM
Stretch & Strengthening	Tuesday	8:30 - 9:30 PM
Tap	Wednesday	6:30 - 7:30 PM
Jumps & Turns	Wednesday	7:30 - 8:30 PM
Jazz Choreography	Wednesday	8:30 - 9:30 PM
Musical Theater	Thursday	6:30 - 7:30 PM

Ages 16 to Adult

Stretch & Strengthening	Monday	8:30 - 9:30 PM
Ballet Fitness	Monday	8:30 - 9:30 PM
Advanced & Alumni Tap	Tuesday	8:30 - 9:30 PM
Beginning Adult Tap	Wednesday	8:30 - 9:30 PM
Advanced Lyrical	Thursday	6:30 - 7:30 PM
Hip Hop	Thursday	7:30 - 8:30 PM
Jumps & Turns	Thursday	8:30 - 9:30 PM
ZUMBA	Thursday	8:30 - 9:30 PM